

25th Statewide
CHILD ABUSE
PREVENTION
CONFERENCE
Defining our Future

Conference Schedule

Tuesday, July 23

- 8:00–9:00 Registration and Breakfast
- 9:00–9:10 Welcome
- 9:10–10:30 Keynote: Dr. Deborah Daro & Dr. Bart Klika
- 10:45–12:00 Workshop A (A1-A11)
- 12:00–12:30 Lunch
- 12:30–1:30 Storytelling Show—“Those Who Said Yes”
- 1:45–3:00 Workshop B (B12-B22)
- 3:15–4:30 Workshop C (C23-C30)
- 4:30–6:30 Reception

Wednesday, July 24

- 8:00–8:30 Breakfast
- 8:30–9:30 Keynote: Lieutenant Emada Tingirides
- 9:45–11:00 Workshop D (D31-D41)
- 11:15–12:30 Workshop E (E42-E49)
- 12:30–1:15 Lunch
- 1:15–1:30 Call to Action
- 1:30–2:30 Closing Keynote: Naomi Haines-Griffith

Registration rates

April 1—April 30....\$325

May 1—July 12.... \$375

July 13—onsite.....\$425

Exhibitor rates

Non-profit..... \$500

Business.....\$750

[Register for the Conference](#)

WORKSHOP TRACKS

TI: Trauma-Informed Approaches

- A1 | Trauma-Informed Care: Young Children and the Importance of Relationships
- A7 | Trauma-Informed Investigation of Crimes Involving Children
- A8 | The Symphony of Traditional Medicine & Western Medicine in Healing ACEs and Historical Trauma
- A10 | Developing Resilience in Children of the Incarcerated
- BC14 | The Simple Way to Understand Trauma
- B15 | Fostering Success and Resiliency in Therapeutic Foster Care: Success Stories and Trauma-Informed Approaches
- B21 | Insightful Caregiving: Helping Traumatized Children Self-Regulate
- B22 | The Littlest Survivors: The Impact of Domestic Violence on Children and Trauma-Informed Approaches
- C28 | TLC – Trauma Lens Care
- DE32 | A Practical Framework and Interventions When Working With Traumatized Children
- DE33 | Complex Trauma in Children: Developmental Strategies for Healing
- D41 | After The Abuse: Using Cutting-Edge Neuroscience Anytime and Anywhere to Treat Trauma
- E46 | Addressing Family Violence and Abuse in a Culturally Sensitive Way
- E49 | Consequences of Unaddressed Signs of Abuse in ECE: Why Prevention is Critical to Stopping a Lifetime of Trauma

DC: Diverse Cultures

- A8 | The Symphony of Traditional Medicine & Western Medicine in Healing ACEs and Historical Trauma
- B16 | Creating a Safe Environment at Churches
- C27 | Someone Like Me: Engaging Refugees Through the Arts
- D39 | Beyond the Labels: LGBTQ+ Education for Professionals in Social Services
- E46 | Addressing Family Violence and Abuse in a Culturally Sensitive Way

WR: Wellness & Resilience

- A3 | Art Heals! Infusing Creativity into Your Programming
- A8 | The Symphony of Traditional Medicine & Western Medicine in Healing ACEs and Historical Trauma
- B20 | Prevention through Resiliency: Impacting Community
- C26 | Building Resiliency in Children: A Dance/Movement Therapy Perspective
- D35 | Self-Care for Changemakers
- D41 | After The Abuse: Using Cutting-Edge Neuroscience Anytime and Anywhere to Treat Trauma
- E42 | Canine-Facilitated Wellness: Four Legs Helping Two
- E43 | From Human-Doing to Human-Being: Defining Your True Self to Build a Resilient Future

WORKSHOP TRACKS

CW: Child Welfare

- A2 | Developing Plans & Practices for Transition-Aged Youths
- A9 | How Parent Support NOW (PSN) Propels Reunification
- A11 | Results from a Rigorous, Mixed-Methods Evaluation of Family Group Decision-Making and Navigation Interventions to Support Kinship Families
- B15 | Fostering Success and Resiliency in Therapeutic Foster Care: Success Stories and Trauma-Informed Approaches
- C23 | Permanency for Teens: Thinking Outside the Box
- D40 | A New Way to Offer Help: Implementing and Evaluating Text- and Chat-Based Technologies for a Child Abuse Hotline
- E44 | Parents Inspiring Hope
- E48 | Change is Coming! Learn About and Help Influence the Implementation of the Federal Family First Prevention Services Act in Arizona

LE: Law Enforcement

- A6 | Human Trafficking
- A7 | Trauma-Informed Investigation of Crimes Involving Children
- B16 | Creating a Safe Environment at Churches
- C25 | Abusive Head Trauma and Prevention Strategies in Arizona
- D34 | How Negative Bias Impacts the Investigation of Minor Sex Trafficking
- E42 | Canine-Facilitated Wellness: Four Legs Helping Two
- E45 | Sexual Abusers Do Not Look Like Monsters

CD: Child Development Tools

- A1 | Trauma-Informed Care: Young Children and the Importance of Relationships
- A10 | Developing Resilience in Children of the Incarcerated
- B19 | Play and Parenting Skills
- B21 | Insightful Caregiving: Helping Traumatized Children Self-Regulate
- C26 | Building Resiliency in Children: A Dance/Movement Therapy Perspective
- DE32 | A Practical Framework and Interventions When Working With Traumatized Children
- DE33 | Complex Trauma in Children: Developmental Strategies for Healing
- E47 | Reading the Cues: How to Interpret Baby and Toddler Behaviors to Improve Communication between Caregivers and Children
- E49 | Consequences of Unaddressed Signs of Abuse in ECE: Why Prevention is Critical to Stopping a Lifetime of Trauma

P: Programs

- A9 | How Parent Support NOW (PSN) Propels Reunification
- B17 | AZ Expands Triple P to Prevent Substance Use/Abuse
- C25 | Abusive Head Trauma and Prevention Strategies in Arizona
- D40 | A New Way to Offer Help: Implementing and Evaluating Text- and Chat-Based Technologies for a Child Abuse Hotline
- E44 | Parents Inspiring Hope

WORKSHOP TRACKS

SX: Sex Abuse Prevention

A6 | Human Trafficking

BC12 | Stewards of Children: An Interactive Training that Empowers Adults to Prevent, Recognize, and React Responsibly to Child Sexual Abuse

B16 | Creating a Safe Environment at Churches

C29 | The Good, the Bad and the Dangerous: Apps & Online Games That Are Not Safe

D34 | How Negative Bias Impacts the Investigation of Minor Sex Trafficking

E45 | Sexual Abusers Do Not Look Like Monsters

SB: Substance Abuse

A5 | Drug-Endangered Children: Substance Use Disorders in our Communities

B17 | AZ Expands Triple P to Prevent Substance Use/Abuse

C24 | How Trauma Affects Recovery

D36 | The Impact of Parental Opioid Use on Victimized Children: Prevention & Treatment Considerations

E44 | Parents Inspiring Hope

FS: Family Support

A4 | Listen. We Have a Story to Tell: Bringing Parent Voice to Services

BC13 | Ethical Applications in Child Abuse Prevention Programs

B19 | Play and Parenting Skills

C30 | Hidden in Plain Sight: Overcoming Barriers to Identification, Assessment, & Treatment of Child Neglect

DE31 | Helping Families Flourish: Protective Factors in ACTION

D37 | New-Parent Stress or Postpartum Depression?

E44 | Parents Inspiring Hope

E46 | Addressing Family Violence and Abuse in a Culturally Sensitive Way

RP: Research & Policy

A11 | Results from a Rigorous, Mixed-Methods Evaluation of Family Group Decision-Making and Navigation Interventions to Support Kinship Families

B18 | Demographic Characteristics of Pediatric In-Hospital Deaths from Non-Accidental Trauma

C30 | Hidden in Plain Sight: Overcoming Barriers to Identification, Assessment, & Treatment of Child Neglect

D38 | Child Maltreatment Fatalities in Arizona

D40 | A New Way to Offer Help: Implementing and Evaluating Text- and Chat-Based Technologies for a Child Abuse Hotline

E48 | Change is Coming! Learn About and Help Influence the Implementation of the Federal Family First Prevention Services Act in Arizona

A1 | Trauma-Informed Care: Young Children and the Importance of Relationships

TI CD

Molly Strothkamp, LMSW, Southwest Human Development

Trauma has a disruptive and potentially long-lasting impact on children, families, and communities; developing a shared understanding of the impact of trauma and paths to recovery can help. This presentation will consider the importance of relationships in supporting well-being and recovery for children who have experienced trauma. Community resources and strength-based strategies to support young children and their families will be highlighted. *(introductory)*

A2 | Developing Plans & Practices for Transition-Aged Youths

CW

Jessica Woodruff, LCSW, Jewish Family & Children's Service

This workshop will provide tools for developing plans for transition-aged youths, and ways to actively engage youths in creating a transition plan specific to their needs. Information will also be shared about the partnership Jewish Family & Children's Service has developed with the Regional Behavioral Health Authority (Mercy Maricopa Integrated Care) in order to address stigmas around mental/behavioral health in the community, and the ways that those stigmas have impacted services. ***This course is limited to 18 participants.*** *(introductory)*

A3 | Art Heals! Infusing Creativity into Your Programming

WR CD

Audrey Boyle & Marisa Arellano, Free Arts for Abused Children of Arizona

Every opportunity we have with children is an opportunity for connection and expression. Why not fill those opportunities with the arts, which have been proven to enhance brain development, allow for self-exploration and expression, and promote skill-building? This workshop offers simple outlines, best practices and sample curricula for intentional art projects that can help children understand their identity, practice new skills, and express themselves. *(intermediate)*

A4 | Listen. We Have a Story to Tell: Bringing Parent Voice to Services

FS

Sue Smith, Arizona Department of Child Safety, Melissa Zimmerman BSCJ, PSS, Terros, Crystal Garduno and Shirley Butler

This workshop will cover the importance of parent voices and involvement in recruitment, engagement, and training in programs that serve children, youth and families. We will discuss topics including skill-building for parents in storytelling, advocacy and leadership, and how agency culture shifts when parent voices are included. *(introductory)*

A5 | Drug-Endangered Children: Substance Use Disorders in our Communities

SB

Jacque Gencarelle, Coconino County Public Health Services District

Drug-endangered children are part of a growing population whose lives are being impacted by caregivers' substance use or drug activity. This workshop will look at overcoming the challenges in aligning the agencies and systems responsible for preventing, intervening in, and treating issues related to drug-endangered children. *(introductory)*

A6 | Human Trafficking

SX LE

Stacey Sutherland, TRUST – Training and Resources United to Stop Trafficking

Sex trafficking of children and youths is a growing concern nationally and in Arizona. Trafficking is a hidden crime and is both an urban and rural issue affecting areas across our state. The first step in combatting trafficking is to identify victims so they can be recovered and help bring their perpetrators to justice. In this workshop, participants will learn about the dynamics of sex trafficking, victim identification red flags, and risk factors. *(introductory)*

A7 | Trauma-Informed Investigation of Crimes Involving Children

TI LE

Detective Greg Bacon, Tempe Police Department

If you are looking for a more trauma-informed method of investigating crimes against children, this workshop will provide information on how to utilize best practices from the initial victim report through the complete investigation. By having trauma-informed trained patrol officers utilizing the Maricopa County Child Abuse Protocol and having a multi-disciplinary approach, the secondary trauma for a child victim is significantly minimized and prosecution of suspects is maximized. *(intermediate)*

A8 | The Symphony of Traditional Medicine & Western Medicine in Healing Adverse Childhood Experiences (ACEs) and Historical Trauma

TI WR DC

Iya Affo, Trauma Specialist, AZ ACEs Consortium & ACEs Connection

Historical trauma is the father of Adverse Childhood Experiences (ACEs) and the twin to addiction, says Dr. Anthony Pico. For centuries, indigenous people have been resilient in overcoming adversity. In ancient times, they utilized their birthright tools: traditional medicine, ritual and ceremony for healing and neutralizing trauma. In the 21st century, the most progressive and successful indigenous groups have learned to harmonize traditional medicine with western medicine to heal ACEs and historical trauma. Come experience the magic! *(intermediate)*

A9 | How Parent Support NOW (PSN) Propels Reunification

CW P

Anna Jure, BHT, and Tracy Sullivan, LFSP, BHT, MIKID – Mentally Ill Kids In Distress; Honorable Rick A. Williams, Mohave County Superior Court; Jonathan D. Conant, Attorney at Law, Conant Mediation Program Management Inc.; and Deborah A. Liverence, JD

In this workshop, a panel will delve into Parent Support Now (PSN), a program that utilizes parent-to-parent connections to teach parents how to navigate the court system, work with behavioral health, learn parenting skills, develop natural supports, and complete their DCS case plan. The panel will provide case examples of this remarkably successful program. *(introductory)*

A10 | Developing Resilience in Children of the Incarcerated

TI CD

Helena Valenzuela, PhD, CCHP, Arizona Department of Corrections

This workshop will review research data gathered directly from children of the incarcerated, and demonstrate how to support these children to build their coping skills and live resiliently. *(introductory)*

A11 | Results from a Rigorous, Mixed-Methods Evaluation of Family Group Decision-Making and Navigation Interventions to Support Kinship Families

RP CW

Julie Treinen, MA, LPC, LISAC, Arizona's Children Association; Michele C. Schmidt, MPA, LeCroy & Milligan Associates Inc.

This workshop will present results from a randomized control trial that examines outcomes of kinship families randomly assigned to the treatment condition – Family Group Decision-Making plus navigation – and those randomly assigned to navigation services as usual. The evaluation examines how participation in the treatment condition, in comparison to the control condition, impacts outcomes of placement stabilization, child safety, and family well-being. Attendees will discuss the benefits and challenges of implementing this intervention, as well as strengths and challenges of using experimental and mixed-methods research designs to study and build evidence for family-centered interventions. *(introductory)*

.....

BC12 | Stewards of Children: An Interactive Training that Empowers Adults to Prevent, Recognize, and React Responsibly to Child Sexual Abuse**SX***Courtney Waters, MPH, MS, CHES, University of Arizona, Southwest Institute for Research on Women*

Did you know that each of us has the power to end child sexual abuse? When enough of us believe this, real change can happen. Attendees of this workshop will participate in Darkness to Light's *Stewards of Children* child sexual abuse prevention program. Through the use of video and discussion, this empowering evidence-based training teaches five steps for ending child sexual abuse in our communities – and it starts with each of us. **This course is 150 minutes and spans two workshop blocks. It is limited to 18 participants. (intermediate)**

BC13 | Ethical Applications in Child Abuse Prevention Programs**FS***Neil Tift, Native American Fatherhood & Families Association*

Many family service providers are called upon to resolve difficult ethical problems that they must confront, often with limited training in ethical decision-making and problem-solving techniques. This session will utilize a variety of approaches to examine difficult ethical issues, provide guidelines for the application of ethical decision-making, and encourage sound and relevant ethical practices among social service practitioners. **This course is 150 minutes and spans two workshop blocks. (intermediate)**

BC14 | The Simple Way to Understand Trauma**TI***Crystal Krueger, LMFT, Dawn Institute*

The causes and effects of trauma can be difficult to understand. This workshop will give participants a foundational understanding of the neurological effects of trauma and chronic stress, and provide simple, feasible ways to manage and overcome these effects by calming the body. **This course is 150 minutes and spans two workshop blocks. (intermediate)**

B15 | Fostering Success and Resiliency in Therapeutic Foster Care: Success Stories and Trauma-Informed Approaches**TI CW***Hilary Mahoney, MPH, Devereux Advanced Behavioral Health*

What do you know about therapeutic foster care? This workshop provides a deeper look at the therapeutic approaches and interventions provided by therapeutic foster parents and their support teams. Through the use of storytelling and hands-on activities, this workshop will explore how family-based treatment and trauma-informed interventions support healing and resiliency. **(intermediate)**

B16 | Creating a Safe Environment at Churches**LE SX DC***Rachel Mitchell, JD, Maricopa County Attorney's Office*

This workshop will address the specific issues faced by churches and similar organizations in keeping children safe. It will also cover specific religious beliefs that can be challenging in working with churches. Suggestions will be made on how to work with churches and educate their staff, volunteers, and parents to prevent child abuse in their community. **(introductory)**

B17 | AZ Expands Triple P to Prevent Substance Use/Abuse

P SB

Cricket Mitchell, PhD, and Carol Lopinski, MSW, LCSW, Prevent Child Abuse Arizona; and Randy Ahn, PhD, MLIS, Triple P America

As we enter the fourth year of dedicated funding to support Triple P implementation in Arizona, we are fortunate to have Triple P included as a key prevention strategy under the Governor’s State Opioid Response. In addition to highlighting the success of Triple P across a variety of Arizona settings and populations over the past four years, this workshop will demonstrate the benefits of Triple P for substance use/abuse prevention and engage participants in a discussion of the State Opioid Response rollout to date, including how success will be evaluated. *(introductory)*

B18 | Demographic Characteristics of Pediatric In-Hospital Deaths from Non-Accidental Trauma

RP LE

Maria Guadalupe Valdez, Cara Kelly, PhD, and Jodie Greenberg, MA, Phoenix Children’s Hospital

This session will examine the occurrence of non-accidental trauma at Phoenix Children’s Hospital, specifically focusing on enhanced identification of child maltreatment through medical indicators and family sociodemographic characteristics. *(intermediate)*

B19 | Play and Parenting Skills

CD FS

Casey M Martinez, MHC, LPC and Tamara Woodard, MSW candidate, Terros Health

Evidence-based practices have established the importance of play in developing healthy habits and reaching milestones for children of all ages. We’ll take what we already know about parenting and look at how play can benefit the parent-child relationship. We’ll break the stereotype of who should play, and teach adults how to engage in play with their children. This workshop will expand your perception of who should play, why it is important for adults to engage in play with their children, and how to parent while playing! *(introductory)*

B20 | Prevention through Resiliency: Impacting Community

WR

Virginia Watahomigie, Coconino Coalition for Children & Youth

We must start looking at prevention as a continuum that spans generations, honors historical experiences, and stops punishing trauma behaviors that we are seeing today. This workshop will focus on work being done in schools and communities to combine education of the impacts of trauma with simple behavior management, crisis de-escalation skills, and mindfulness techniques in order to promote resiliency in children. This session will additionally explore community action, collective impact, and how to further initiatives through inspiration. *(intermediate)*

B21 | Insightful Caregiving: Helping Traumatized Children Self-Regulate

TI CD

Mary Jeanne Chavez, MSC, LAC, Casa De Los Niños

Russell Barkley said “the children who need the most love will always ask for it in the most unloving ways.” Demonstrating love means replacing consequences and doubt with regulation and caregiver insight. This session will ask participants to take a new look at how we approach caregiving to children who have experienced developmental trauma. *(introductory)*

B22 | The Littlest Survivors: The Impact of Domestic Violence on Children and Trauma-Informed Approaches

TI

Virginia L. Bagby, LMSW, M.Adm., Arizona State University, Office of Gender-Based Violence

This workshop will look at the impact of the trauma of domestic violence on child development and behavior. Trauma-informed toolkit interventions will be presented, as well as information on how to implement trauma-informed approaches in various settings and organizational cultures. *(intermediate)*

.....

C23 | Permanency for Teens: Thinking Outside the Box

CW

Lisa Marks, MSW, Arizona Department of Child Safety

This workshop will delve into how child welfare professionals can support teens in foster care achieve permanency and what can be done to think outside the box to obtain this goal. This workshop will feature an outstanding panel of teens, who will discuss the stigma of adopting older youths and the impact of not achieving permanency. Attendees will learn the importance of family finding, permanent connections, and differences between legal and relational permanency. *(intermediate)*

C24 | How Trauma Affects Recovery

SB

Angie Geren, CHT, APP, Addiction Haven

The connection between trauma and addiction is well-known, but the role it plays in recovery is rarely talked about. Trauma responses are a key indicator in relapse, and identifying how to recognize how trauma affects behavior and interactions is crucial for long-term success. This workshop will discuss different trauma patterns, common trauma responses, the dangers of implicit bias, and how trauma affects parents in recovery and the way they interact with their children. *(intermediate)*

C25 | Abusive Head Trauma and Prevention Strategies in Arizona

LE P

Leslie D. Quinn, MD, FAAP, Banner Health, and Becky Ruffner, Prevent Child Abuse Arizona

This presentation will address the mechanisms of injury for Abusive Head Trauma (AHT), the known triggers for caregivers, and the incidence nationally and here in Arizona of both fatal and non-fatal AHT. Research findings on prevention models will be included, and a new approach called All Babies Cry, now being implemented in Arizona, will be presented. *(introductory)*

C26 | Building Resiliency in Children: A Dance/Movement Therapy Perspective

WR CD

Brigitte Steinken, MA, LAC, R-DMT, Northland Family Help Center

Come learn what Dance/Movement Therapy (DMT) is and experience how DMT concepts can support resiliency. Participants will be guided through dance/movement activities that support resiliency skills, including supporting the nervous system toward regulation, increasing body and emotional awareness, building a feeling of connection to others/community, and fostering joy. *(introductory)*

C27 | Someone Like Me: Engaging Refugees Through the Arts

DC

Erina Meneses, Free Arts for Abused Children of Arizona

Refugees and unaccompanied minors have often endured incredibly traumatic experiences on their journey to this country. Understanding their challenges is an important part of providing them the best care possible. In this session, we will explore that journey and how the arts can provide a transformative tool for healing and connection. *(introductory)*

C28 | TLC: Trauma Lens Care

TI

Stacey Gagnon, RN, MATForce & Yavapai County Community Health Services

Trauma can undermine children's ability to learn, form relationships, and function appropriately in the classroom. Come learn about TLC, a program designed to support children exposed to trauma and violence by improving communication between police officers, schools and daycares. TLC aims to ensure that children exposed to trauma receive appropriate interventions by training and educating teachers, law enforcement, and parents. *(intermediate)*

C29 | The Good, the Bad and the Dangerous: Apps & Online Games That Are Not Safe**SX***Sheri Lopez, You Can't Groom Me*

Traffickers rarely canvas the streets looking for their next victim to groom; now, they lurk behind a computer screen trolling apps and online games. This workshop will break down the most popular apps and online games that kids ages 10-18 are using, and discuss the good, bad and dangerous aspects of each. This workshop will also shed some light on ways that traffickers have been able to successfully use 131 apps and online games to interact with kids. We will also touch some on the dark web and how kids are trafficked there. (*introductory*)

C30 | Hidden in Plain Sight: Overcoming Barriers to Identification, Assessment, & Treatment of Child Neglect**RP FS***Rebecca Hoffman, MSW/MPA, Department of Child Safety; Karin Kline, MSW, Family Involvement Center; and Cara Kelly, MSW, PhD*

This session examines the hidden yet pervasive issue of child neglect, specifically focusing on overcoming barriers to identification, assessment, and treatment in child protection. (*intermediate*)

.....

Ti: Trauma-Informed Approaches **WR: Wellness & Resilience** **DC: Diverse Cultures** **CW: Child Welfare** **LE: Law Enforcement**
CD: Child Development Tools **P: Programs** **SX: Sex Abuse Prevention** **SB: Substance Abuse** **FS: Family Support** **RP: Research & Policy**

Join Us for the

Silver Reception

Come
celebrate

a milestone year,

and all the work that has been done to

prevent child maltreatment in Arizona.

Come **network** and **connect** with others who,

like you, are working to **define a future** in which

all children are safe, happy and thriving.

July 23, 4:30-6:30pm

(directly after workshop C)

in the **Wigwam Foyer**

DE31 | Helping Families Flourish: Protective Factors in ACTION

FS

Rhegan Derfus, University of Arizona Cooperative Extension, and Sandi Cimino, The Well-Made Bed, LLC

Families who are struggling can flourish with effective tools, techniques and the support of caring, competent professionals. In this workshop, home visitors will learn about the Flourishing Families Toolkit for Home Visitors, and will practice how to use the toolkit with the families they serve. **Participants must have a working knowledge of the Strengthening Families Protective Factors Framework to participate in this workshop. This course is 150 minutes and spans two workshop blocks. It is limited to 18 participants. (intermediate)**

DE32 | A Practical Framework and Interventions When Working With Traumatized Children

TI CD

Elizabeth Dunn, MS, LPC, Yavapai County Education Service Agency

What do you do when you know “problem” behaviors are actually reactions trauma? This workshop addresses the impact of Adverse Childhood Experiences (ACEs) on behavior, school performance and relationship quality. It will address specific interventions and approaches helpful in assisting children in their healing processes. Woven into the presentation is the need for all who work with children to be advocates for ethical and sustainable child and family policies. **This course is 150 minutes and spans two workshop blocks. (advanced)**

DE33 | Complex Trauma in Children: Developmental Strategies for Healing

TI CD

Kenny E. Miller, LCSW, COS-P

Sustained trauma from intimate caregivers in the earliest years of life changes the rules by which children can be parented and offered healing interventions. This workshop will share new insights from Infant-Toddler Mental Health and Polyvagal Trauma Theory, and offer an integrative map of effective interventions for both the parents and clinicians who would support these challenging children. **This course is 150 minutes and spans two workshop blocks. (introductory)**

D34 | How Negative Bias Impacts the Investigation of Minor Sex Trafficking

LE SX

Chief Jerald Monahan, Yavapai College Police Department, and Erin Callinan, Mental Health America of Arizona/Peace of My Mind LLC

Understanding and overcoming our own implicit negative bias toward juveniles who are victims of sex trafficking is key to their rescue and recovery, as well as to holding predators accountable. Society may stigmatize or hold unrecognized biases about who trafficking victims are and how they got there; this view only hinders victims from seeking help and impairs a survivor-centered community response. This workshop will explore these biases and offer strategies to overcome them when working with victimized and trafficked children/youths. **(intermediate)**

D35 | Self-Care for Changemakers

WR

Kelly Lubeck, MPH, RYT, First Things First

Changemakers often neglect self-care and self-compassion as they show up in service to others. Their service work is essential to healing and transforming our society, and yet — in their selfless dedication — changemakers easily forget self-care and self-compassion. Stress, self-neglect and overwork can lead to anxiety, burnout and illness. In this workshop, participants will learn tools and techniques to rediscover wellness, calm, joy and sustainability in their life and changemaking work. **(introductory)**

D36 | The Impact of Parental Opioid Use on Victimized Children: Prevention & Treatment Considerations**SB***Dr. Shefali Gandhi, Childhelp Children's Center of Arizona*

This workshop will offer a thorough analysis of the trends within the opioid epidemic as it relates to children that are victimized as a result of parental substance abuse. The speakers will focus on neurobiological impact of Adverse Childhood Experiences (ACEs) and toxic stress on children and families where substance use is present and a factor in the victimization. They will also review the historical and multigenerational trends within family systems that can increase the likelihood of criminal abuse of children. *(intermediate)*

D37 | New-Parent Stress or Postpartum Depression?**FS***Autumn Argent, MS, RNC-OB, CCE, Northern Arizona Healthcare*

Research tells us that there is a significant link between the mental health of parents and their child's development. Prevent Child Abuse America reports that 1 in 5 children live with a parent who is depressed. Although postpartum depression has become well-known amongst the maternal population, new dads and partners can also suffer depression. In this workshop, we will take a closer look at depression in both moms and dads and learn how to help. *(introductory)*

D38 | Child Maltreatment Fatalities in Arizona**RP***Jessica Perfette, MPH, and Yomaira D. Castillo, CPSTI, Arizona Department of Health Services*

Every time a child dies in Arizona, the death is scrutinized by a panel of experts. Arizona's Child Fatality Review reviews every child death that occurs in Arizona, produces an annual report summarizing findings, and makes recommendations regarding the prevention of these deaths. Come see what Arizona is doing to reduce preventable child maltreatment deaths. *(advanced)*

D39 | Beyond the Labels: LGBTQ+ Education for Professionals in Social Services**DC***Chris Duarte, MS, BHT, Linking Dreams Consulting*

This workshop will bring a fresh and innovative approach to LGBTQ+ education, and welcomes participants to ask questions — especially those they may be afraid to ask. This workshop will go beyond the basics, delving into the "why" behind LGBTQ+ disparities and how to get beyond the barriers when serving LGBTQ+ people in need. *(intermediate)*

D40 | A New Way to Offer Help: Implementing and Evaluating Text- and Chat-Based Technologies for a Child Abuse Hotline**RP CW P***Wendy Wolfersteig, PhD, Southwest Interdisciplinary Research Center at Arizona State University, and Michelle Fingerman, MS, National Child Abuse Hotline*

Hotlines provide key prevention and intervention services, and studies have shown the value of text-based helplines in improving services and broadening the audience of help-seekers. The Childhelp National Abuse Hotline partnered with the ASU Southwest Interdisciplinary Research Center to evaluate the implementation of these services, referred to as Prevent Abuse of Children Text and Chat Hotline (PACTECH). This workshop will share results from the qualitative and quantitative pilot data on the effectiveness of the intervention, and will point to best practices in reaching youth. *(introductory)*

D41 | After the Abuse: Using Cutting-Edge Neuroscience Anytime and Anywhere to Treat Trauma**TI WR***Dr. Amy Serin & Rebecca Bridges, MA, Serin Center*

Many theories about how to treat abuse after the fact ignore current neuroscience. This can lead to poor treatment outcomes and lifelong problems. In this engaging and cutting-edge presentation, neuropsychologist Dr. Amy Serin will debunk the myths surrounding treatment and will offer innovative solutions to effectively treat trauma without the need for years of therapy. *(intermediate)*

E42 | Canine-Facilitated Wellness: Four Legs Helping Two**WR LE**

Anthony M. Pagliuca, M.Ed., AZ EMCT, & Crisis Response Canine Chase; Det. Shawn Degan, Pima County Sheriff's Office, & K9 Deputy Leo; Eric Shinn, LPC, Scottsdale Police Dept.; and Maria Gonzalez, LMSW & Anastasia Stinchfield, Tempe Care7, & K9 Sully

This dynamic workshop will take you beyond theory and provide tangible information on the numerous “pawsitive” effects that crisis canine interaction can provide you and the people you serve. Participants will meet several law enforcement professionals and crisis/trauma canines serving Arizona communities, and gain valuable information on how to start their own crisis/trauma canine program! [\(introductory\)](#)

E43 | From Human-Doing to Human-Being: Defining Your True Self to Build a Resilient Future**WR**

Rev. Sanghoon Yoo, MSW, MDiv., The Faithful City

Defining our future begins with defining ourselves. Our identity is usually described by what we do rather than who we are. Surveying ACEs and trauma-informed care, this workshop offers resources and exercises for recovering one's true self, practicing mindfulness, and pursuing post-traumatic growth to build a resilient and healthy future. [\(introductory\)](#)

E44 | Parents Inspiring Hope**CW P SB FS**

Therese L Hollaway, Lindsey Shine, Brandon Corbit and Anna Ocho, Parents for Parents, Family Involvement Center

This presentation will provide information about the Maricopa County Parents for Parents Program. Through this program, Parent Allies provide parents in-person support at their first dependency court conference/hearing, and encourage parents struggling with substance use disorders to engage in Family Treatment Court and support groups. This workshop will feature Parent Allies — birth parents who have successfully navigated the dependency system — who will share their personal stories and discuss how their experiences have given them tools to support parents who are currently involved in dependencies. [\(introductory\)](#)

E45 | Sexual Abusers Do Not Look Like Monsters**LE SX**

Tina Garby, Psy.D

People often judge those whose children have been sexually abused. In hindsight, it is easy to see red flags that may have been missed. However, the reality is that offenders are good at hiding who they are and what they are doing. This session will identify who abusers really are, and the red flags or behaviors that might be signaling that someone is setting up a child and their family as targets. [\(introductory\)](#)

E46 | Addressing Family Violence and Abuse in a Culturally Sensitive Way**TI DC FS**

Albert M. Pooley, MSW, MPA, Native American Fatherhood & Families Association

This presentation will define the devastating problem of violence and abuse, explore contributing factors, and discuss culturally sensitive ways to help victims and abusers overcome the cycle of abuse and violence. [\(introductory\)](#)

E47 | Reading the Cues: How to Interpret Baby and Toddler Behaviors to Improve Communication between Caregivers and Children

CD

Alan Brown, MS, RDN, Arizona Department of Health Services

Delve into the fascinating world of baby and toddler behavior through this thought-provoking review of evidenced-based programs designed to help caregivers understand how their young children communicate. This presentation will be filled with realistic examples of the common pitfalls and communication breakdowns between caregivers and their children, and how caregivers can avoid them. Once you learn all about baby and toddler behaviors, you'll be able to help caregivers effectively respond to their children's behavior and forge healthy, strong relationships. *(introductory)*

E48 | Change is Coming! Learn About and Help Influence the Implementation of the Federal Family First Prevention Services Act in Arizona

RP CW

Janet Garcia, Casey Family Programs; Mike Faust, Arizona Department of Child Safety; and Beth Rosenberg, Children's Action Alliance

The federal Family First Prevention Services Act (FFPSA) passed in 2018 and needs to be implemented fully in Arizona by October 2021. If utilized effectively, the Act's requirements will help move the child welfare system to a more preventative system that works to strengthen families and avoid unnecessary family separations, entries of children into foster care, and trauma to children and their parents. The passage of the FFPSA provides an opportunity and an impetus to re-examine the child welfare system. Learn what steps are being taken by DCS and the stakeholder community to examine, prepare for, and implement the FFPSA, and how you can help prepare for successful implementation. *(intermediate)*

E49 | Consequences of Unaddressed Signs of Abuse in Early Childhood Education: Why Prevention is Critical to Stopping a Lifetime of Trauma

TI CD

Paje Fair, Superior Court of Maricopa County

Signs of child abuse and trauma are commonly exhibited in ECE (Early Childhood Education) settings. What can educators do when faced with subtle or obvious signs of abuse from one of their students? Join the presenter in discussing real-life scenarios of abuse in ECE and what steps can be taken to educate staff on prevention and reporting. Additionally, the speaker will discuss what happens to children's mental health as they age if abuse has gone unaddressed. *(intermediate)*

.....

TI: Trauma-Informed Approaches WR: Wellness & Resilience DC: Diverse Cultures CW: Child Welfare LE: Law Enforcement
CD: Child Development Tools P: Programs SX: Sex Abuse Prevention SB: Substance Abuse FS: Family Support RP: Research & Policy



[Register for the Conference](#)